



# MAKING RIGHTS REAL

for children and young people in Tasmania



## Hi, we're the Office of the Commissioner for Children and Young People!

It's our job to help everyone understand what's important to Tasmanian children and young people, as well as to monitor and stand up for their rights.

We're making some changes to the way we help children and young people, and other Tasmanians, know about child rights.

We call this new way **Making Rights Real**.

We'll have more to say about this change in the future, but for now, here are some key facts you might like to know!



## What are rights and why do they matter?

Every child has the right to things like being safe, living a healthy life, having places to play, and to go to school.

These are examples of just some of the rights found in a special document called the **United Nations Convention on the Rights of the Child**.

You can learn lots more about rights by exploring this helpful web page on our website:



## What does "monitoring" even mean?

Monitoring is a fancy word that means *keeping an eye on things*.

Monitoring involves talking with children and young people, and adults (including those who are carers), to learn how things are going for them.

Monitoring also means writing up reports, looking at data, and sharing facts with decision-makers, to help keep everyone on track.



## How can children and young people get involved?

We're always excited to talk with children and young people from across Tasmania!

To learn about ways to be involved, you can sign up for free alerts through the **Your Engagement Place** web page on our website:

